INTERPRETATION OF TUBERCULIN SKIN-TEST RESULTS

A. \geq 5mm is positive for:

- . Recent close contacts of persons with active TB
- . Persons with HIV infection
- . Persons with fibrotic CXR consistent with healed TB
- . Organ transplant recipients and other immunosuppressed patients

B. ≥10mm is positive for persons who do not meet the criteria in A. and who belong to one or more of the following:

- . Injecting-drug users
- . Persons with other medical conditions reported to increase risk of progressing from latent to active TB (see list in Group 2 box)
- . Residents/employees of high-risk congregate settings (i.e. correctional institutions, nursing homes, homeless shelters, drug & alcohol treatment centers, healthcare facilities)
- . Persons recently arrived from countries having high prevalence of TB (e.g., \leq 5 years since arrival)
- . Medically underserved, low-income populations
- . Locally identified high-risk groups
- . Children of any age exposed to adults in high-risk categories

C. \geq **15mm is positive** for persons who do not meet any of the criteria in A. or B.

NOTE: In general, these persons should not be tested unless required for occupational health reasons, e.g. health care workers.

ANERGY

- Anergy testing is poorly standardized or can be selective (e.g. anergy or reactivity to mumps or candida may not reliably predict anergy or ability to respond to PPD).
- . Should not be routinely used as part of screening for TB even in HIV infected patients.

BOOSTER EFFECT

- Persons with TB infection may have negative PPD when tested many years after infection
- . Initial PPD may stimulate (boost) ability to react to PPD
- Positive reactions to subsequent tests may be misinterpreted as new infection
- . See Two-Step Testing

TWO-STEP TESTING

For baseline skin testing of adults who will be retested periodically to distinguish boosted reactions from reactions due to new infections:

- . If first test is (+), consider person infected at baseline
- . If first test (-), give second test 1-3 weeks later
- . If second test (+), consider person infected at baseline
- . If second test (-), consider person uninfected at baseline

REFERENCES

- 1. Centers for Disease Control and Prevention. Targeted Tuberculin Testing and Treatment of Latent Tuberculosis Infection. MMWR 2000; 49:RR-6.
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- 4. AST/CDC. Treatment of Tuberculosis and Tuberculosis Infection in Adults and Children. Am J Resp Crit Care Med 1994;149:1359-1374.